

Plaza de Mulas is one of the most complete and best-known temporary base camps around the world

> DAY 1 ARRIVE IN MENDOZA, ARGENTINA

Your adventure begins here. An Everest One representative will collect you from the airport. It's a free day to recover from your international flights. Guides will check your gear and there will be a group briefing.

> DAY 2 MENDOZA/PENITENTES

After you obtain individual park entrance and ascent permits, assisted by your guide, we will transfer to Penitentes, where we stay at our lodge in the mountain. There we get the equipment ready for transportation to the base camp by mule. >> Height 2500m

> DAY 3 TREK TO CONFLUENCIA

We drive you to the entrance of the park where we get our first view of the mountain. We will have permits checked at the Ranger station before we enter the rocky Aconcagua Provincial Park for our first trek, bound for Confluencia. >> Height 3300m >> Time 4 hours

> DAY 4 TREK TO PLAZA FRANCIA

This is an acclimatization day to prepare you for the next level of altitude. We'll trek for about 4-5 hours until we arrive to Plaza Francia, the base camp of the impressive Aconcagua South Wall. >> Height 4000m >> 7-8 hours

> DAY 5 TREK TO PLAZA DE MULAS

After 8-9 hours hiking across "Playa Ancha" and climbing up through a very steep path, we reach Plaza de Mulas, the biggest base camp in Aconcagua Park. By the end of the day, most of us will feel the altitude, content that tomorrow is a day of rest. >> Height 4260m >> 8-9 hours

> DAY 6 REST DAY IN PLAZA DE MULAS

Our first day in Base Camp is a deserved rest day to settle in, take a shower, eat well and explore the local terrain, taking a short trek to Horcones glacier. >> Height 4300m >> 2 hours

> DAY 7 TREK TO MT. BONETE

Today is one of the highlights of the climb because you may get the chance to summit Mount Bonete during acclimatization. We start climbing in late morning and return to camp in the afternoon. This activity will definitely turn on all acclimatization mechanisms in the body. >> Height 5091m >> 7 hours return

> DAY 8 PLAZA DE MULAS TO CAMP 1 CANADA AND RETURN

Today is an acclimatization day transporting loads, including group food, water and personal gear to Camp 1 Canadá and returning to Base Camp in the afternoon. >> Height 4910m >> 5-6 hours

> DAY 9 REST DAY PLAZA DE MULAS

This is a day we use to recover energy, to rest, to hydrate ourselves and enjoy abundant meals. Tomorrow, we start our summit bid, spending maximum time up high, rotating between the upper camps, before our final push for the top.

> DAY 10 TREK TO CAMP 1 CANADA

This is the start of our ascent of Aconcagua. We move to Camp 1 called "Plaza Canada". We are now familiar with this part of the climb and will feel comfortable with our first push. Until now, we were working on getting an optimal acclimatization schedule and will be feeling mountain fit. >> Height 4910m >> 3-4 hours



> Detailed itinerary

There is no greater joy then sneaking out into the darkness,
bound for the top as you get closer to your goal.
You'll see why reaching the summit is such an emotionally powerful day

> **DAY 11**
TREK TO CAMP 2 - NIDO DE CONDORES

Camp 2, called "Nido de Condores" (meaning Condor Nest), is located in a high pass at 5400m and provides a spectacular view of the surrounding mountains. You will move at a slow, comfortable speed, climbing for the 1st time above 5000m. Not over-exerting will build a great base for the days ahead.

>> Height 5250m >> 4-5 hours

> **DAY 12**
REST DAY CAMP 2 - NIDO DE CONDORES

This is a day we use to rest, recover, hydrate, eat and acclimatise further preparing our bodies for some tough days to come.

> **DAY 13**
WEATHER CONTINGENCY DAY

This is a free day to allow for any changes in the itinerary due to possible poor weather. We can use the day to rest, reflect and enjoy the views if required.

> **DAY 14**
TREK TO CAMP 3 - COLERA

We start a 4 hour walk to Camp 3, located on the North Ridge. We will prepare our tents, eat, hydrate and rest, ready for an early start in the morning, bound for the summit.

>> Height 6000m >> 4 hours

> **DAY 15**
SUMMIT DAY

This is the most demanding day of the expedition. We climb early, reaching our crampon point, climbing the North Ridge to Independencia Refuge at approximately 6500m. We ascend through the "Portezuelo del Viento", climb "La Canaleta", and the "Filo del Guanaco", that leads us to the summit. And the prize - a 360° breathtaking view of mountains, glaciers, and white fields, with the beautiful figures of peaks such as Cerro Mercedario and Cerro Tolosa. And a feeling of fulfillment that's only known by those who ever experienced an effort like this. After a challenging but rewarding day, we descend to Camp 3 for much needed rest. >> Height 6962m >> 8-10 hours

> **DAY 16**
WEATHER CONTINGENCY DAY

We have an extra day set aside on our itinerary to attempt summit. Extra days are built into the itinerary to provide the best possible conditions for each participant to summit.

> **DAY 17**
DESCENT TO PLAZA DE MULAS BASE CAMP

Return from Camp 3 to Base Camp. We'll enjoy a great dinner to celebrate the experience. >> Height 4260m >> 6 hours

> **DAY 18**
DESCENT TO PUENTE DEL INCA. DRIVE TO MENDOZA

We have breakfast and then start the descent from Plaza de Mulas to Puente del Inca, covering 24km's. After lunch and a cold drink at the Refuge, our private transport will take us to our lodging in Mendoza for our group dinner and celebrations.

> **DAY 19**
MENDOZA

We have breakfast at the hotel. Check out and depart for the airport.



> Detailed itinerary

“Somewhere between the bottom of the climb
and the summit is the answer to the mystery
why we climb” — Greg Child

> Trip Summary

05 JANUARY >> ARRIVE IN MENDOZA
06 JANUARY >> TRANSFER TO PENITENTES
07 JANUARY >> TREK TO CONFLUENCIA CAMP
08 JANUARY >> TREK TO PLAZA FRANCIA
09 JANUARY >> TREK TO PLAZA DE MULAS
10 JANUARY >> TREK TO HORCONES GLACIER
11 JANUARY >> TREK TO MT BONETE
12 JANUARY >> LOAD CARRY TO CAMP 1 CANADA & RETURN
13 JANUARY >> PLAZA DE MULAS REST DAY
14 JANUARY >> TREK PLAZA DE MULAS TO CAMP 1 CANADA
15 JANUARY >> TREK CAMP 1 CANADA TO CAMP 2
16 JANUARY >> REST DAY CAMP 2 NIDO DE CONDORES
17 JANUARY >> WEATHER CONTINGENCY DAY
18 JANUARY >> TREK CAMP 2 TO CAMP 3 COLERA
19 JANUARY >> CLIMB CAMP 3 COLERA TO SUMMIT – CAMP 3
20 JANUARY >> WEATHER CONTINGENCY DAY
21 JANUARY >> TREK CAMP 3 COLERA TO PLAZA DE MULAS
22 JANUARY >> DESCENT TO PUENTE DEL INCA. DRIVE MENDOZA
23 JANUARY >> TRANSFER TO THE AIRPORT

Disclaimer: Every effort has been made to ensure the accuracy of the information in this brochure. All information is provided in good faith. Everest One reserves the right to make any changes if it becomes aware of any inaccuracy.

Note: The above itinerary is intended as a guideline only. Although every effort will be made to adhere to it, changes may be caused due to weather conditions, transport failure or other unforeseen events. Please be flexible if necessary.

